
THE COWTOWN
2026
16th Annual
Oct.3
C.A.L.F.
Run
1MI 5K 10K
West Fork Trinity River
W Peach St
W Belknap St
W Weatherford St
N Henderson St.
Fort Worth City Hall
W 7th St
W 7th St
Museum Way
W Lancaster Ave
Forest Park Blvd
Parkview Dr.
I30 - West Fwy
Forest Park Blvd
Chisholm Trail Pkwy
W Rosedale St
1
2
3
4
5
6
LEGEND
10K Course
Road/Trail
Start/Finish
10K Mile Marker
Course Direction